



www.singingattitude.co.uk

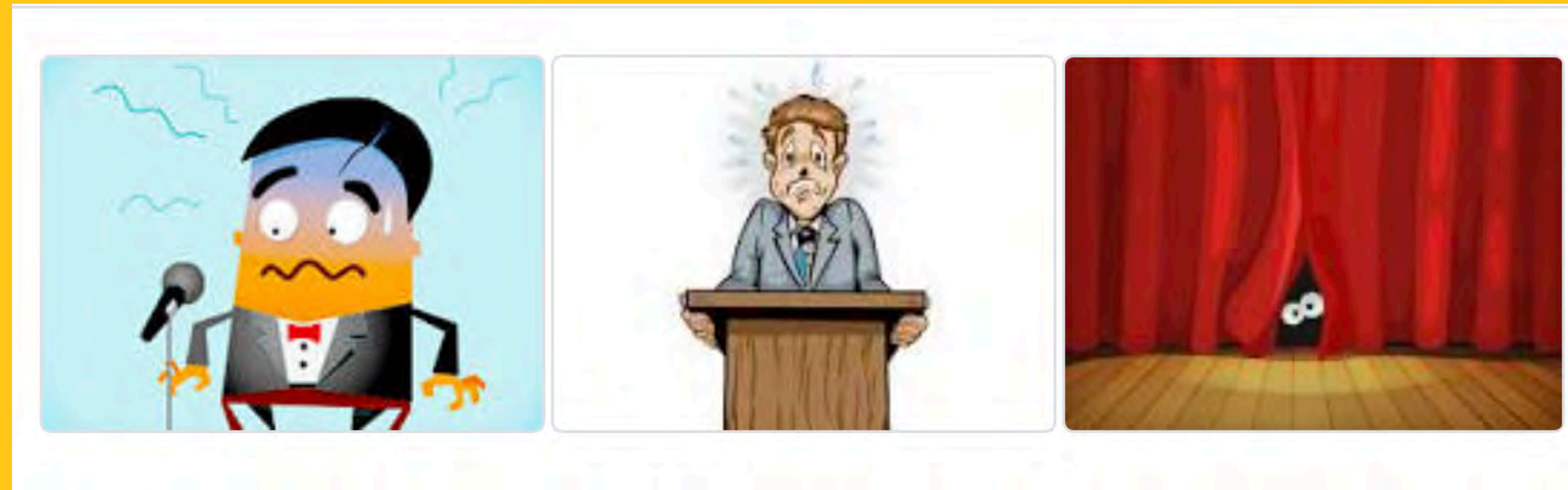
VOICE PROJECTION

Get to know you own voice.

LIUBA DOGA FOUNDER SINGING ATTITUDE SCHOOL

HOW IT ALL STARTED

- LACK CONFIDENCE
- ANXIETY
- SCARED TO USE MY VOICE
- SHY TO EXPRESS
- AVOIDED DNT
- DOUBTUL
- CRITICAL
- DEPRESSED

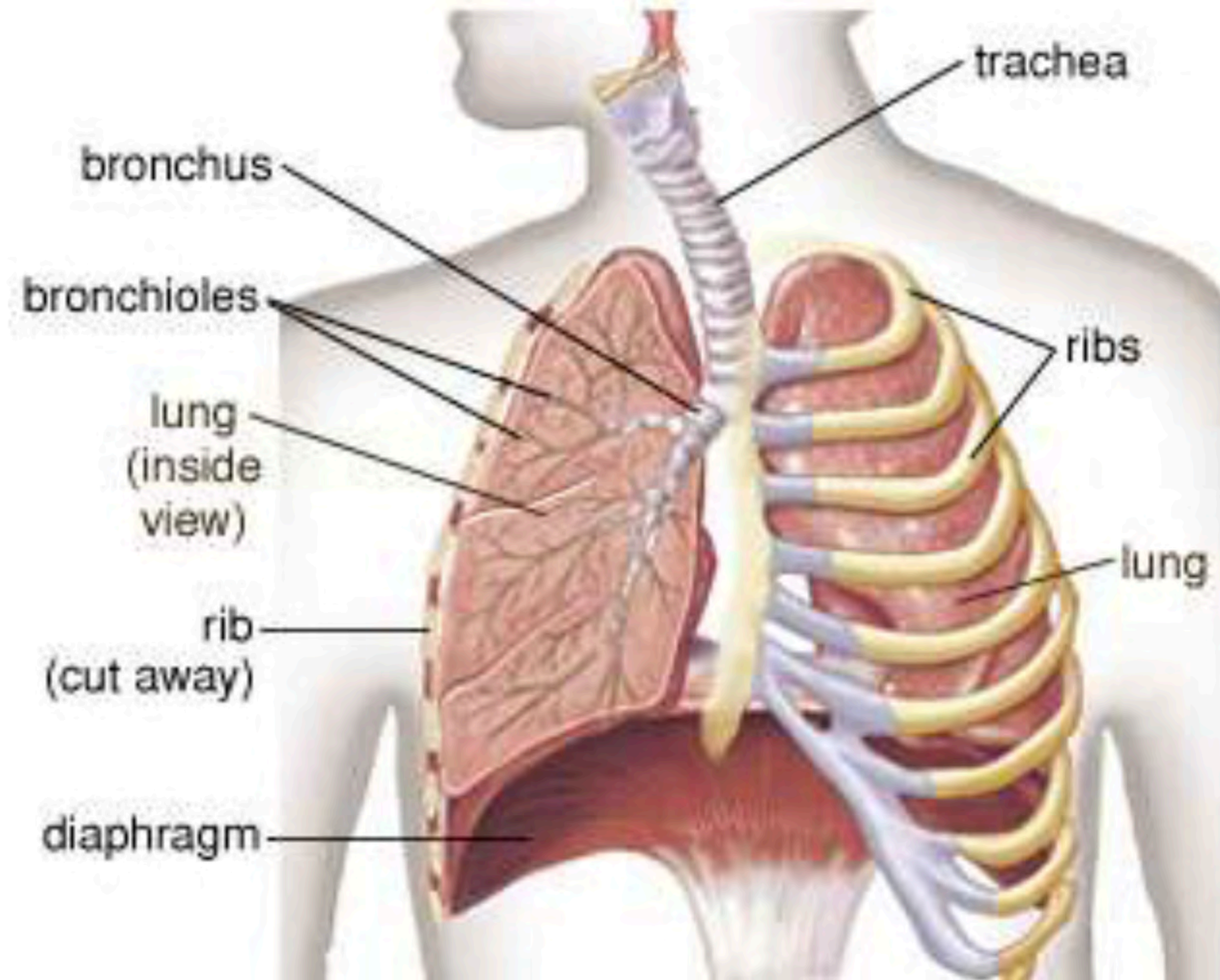




VOICE NEEDS YOU DEDICATION TO

1000%

DIAPHRAGM



VOCAL CORDS



HOW CAN YOU GET MORE PROJECTION ?

1. Breathing techniques
2. Expression
3. Speak as if somebody around you is deaf
4. Pronounce
5. Go for it

VOCAL REGISTERS

Chest Voice

Mix Voice “(belt voice)

Head Voice

Falsetto (males high voice)

BREATHING

1. Inhale with the straw air in your diaphragm, fake a swallow and stop on the engagement of your body corset.
2. Take breath the same as exercise 1 but then exhale the breath with consonant "s" slowly by holding your diaphragm.
3. Take the breath like exercise 1 and then exhale the breath by pulsing on consonant 's'

MONOTON SPEAKING

1. Download the app Singscope for apple or Vocal Pitch Monitor for android.
2. Track your own speaking voice and see how much melody you have in your voice when you speak now try to put more melody by going up and down with your voice.
3. Track on the app your favourite Speakers and just get an idea how they may use their voices.

“WE OFTEN REFUSE TO ACCEPT
AN IDEA MERELY BECAUSE THE
TONE OF THE VOICE IN WHICH
IT HAS BEEN EXPRESSED IS
UNSYMPATHETIC TO US”

FRIEDRICH NIETZSCHE

TYPE OF VOICE

-Women voices

Soprano- high female voice

Alto - low female voice

Contra-alto - very low female voice

-Male voices

Tenor - high voice

Baritone - medium male voice

Bass- low voice

“VOCAL EXERCISES ARE
THE ANALOGY OF RUNNER
WHO STRETCHES BEFORE
RUNNING THE RACE”

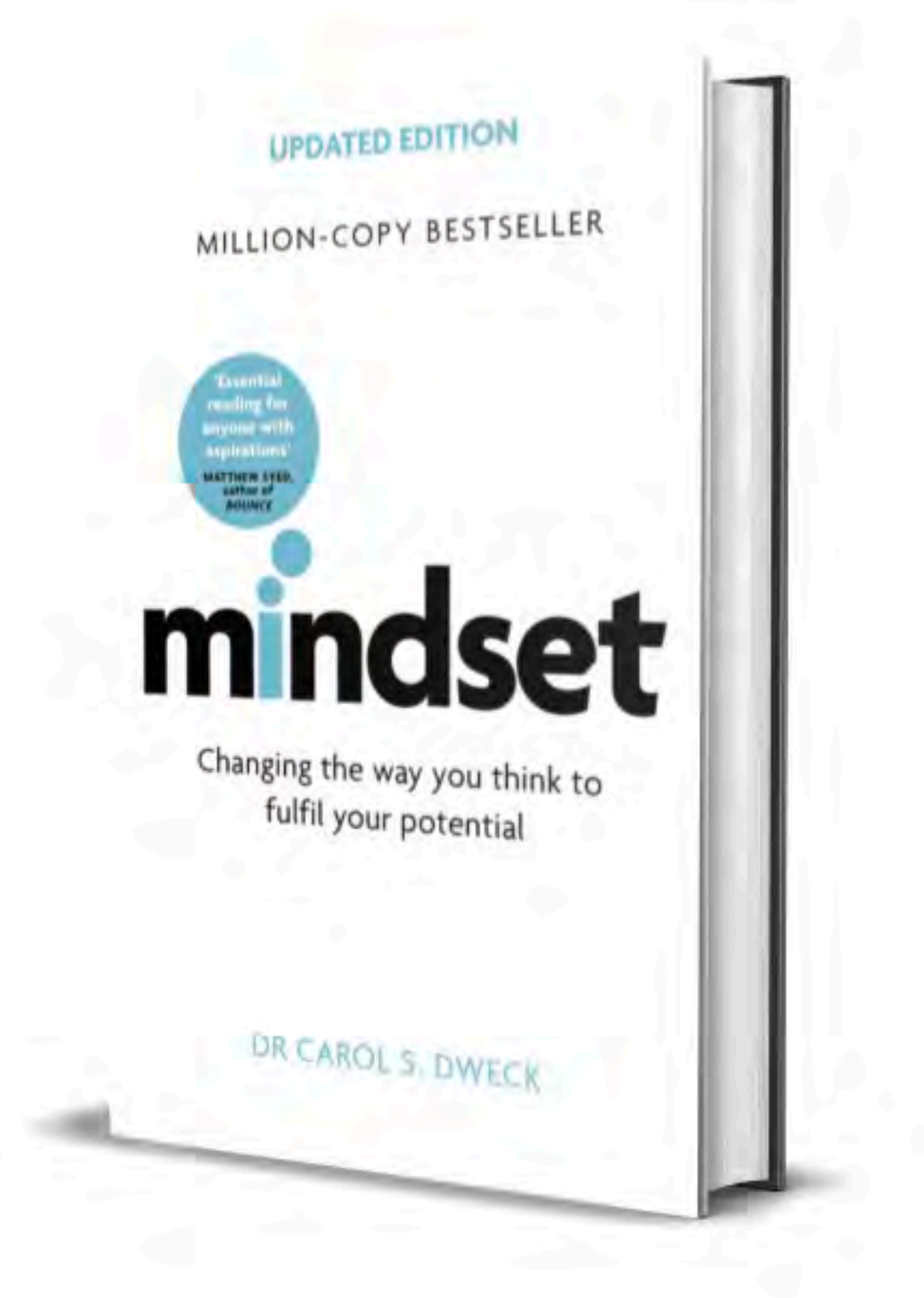
ROGER LOVE

WARM UP FOR PROJECTION

- Find a word (like 'mum!', 'hey stop it!') and express it like you are acting by being in that situation.
- That is your voice! Acknowledge it! Accept it! Get used to it!
- Practise up to 10 minutes each day and read with the same volume your speech.
- Make sure your voice doesn't go back to a shy, quiet tone.

DO IT AGAIN AND AGAIN AND
AGAIN
REPETITION, REMINDERS

It's about Attitude keeping the right mindset



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SINGING
ATTITUDE.co.uk

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THANK YOU 😊

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ABOUT LIUBA DOGA'S SINGING ATTITUDE SCHOOL

- Private Singing Lessons
- Online Singing Workshops
- Build Confidence Sessions
- Voice projection in Businesses
- Group Singing Lessons
- Pitch Correction
- Kids Confidence Singing Lessons