Get to know your own voice.

LIUBA DOGA FOUNDER SINGING ATTITUDE SCHOOL

www.singingattitude.co.uk.
HOW IT ALL STARTED

- LACK CONFIDENCE
- ANXIETY
- SCARED TO USE MY VOICE
- SHY TO EXPRESS
- AVOIDEDNT
- DOUBTUL
- CRITICAL
- DEPRESSED
VOICE NEEDS YOU DEDICATION TO

100 %
DIAPHRAGM
VOCAL CORDS
HOW CAN YOU GET MORE PROJECTION?

1. Breathing techniques
2. Expression
3. Speak as if somebody around you is deaf
4. Pronounce
5. Go for it
VOCAL REGISTERS

Chest Voice
Mix Voice “( belt voice )
Head Voice
Falsetto (males high voice )
BREATHING

1. Inhale with the straw air in your diaphragm, fake a swallow and stop on the engagement of your body corset.

2. Take breath the same as exercise 1 but then exhale the breath with consonant “s” slowly by holding your diaphragm.

3. Take the breath like exercise 1 and then exhale the breath by pulsing on consonant ’s’
MONOTON SPEAKING

1. Download the app Singscope for apple or Vocal Pitch Monitor for android.
2. Track your own speaking voice and see how much melody you have in your voice when you speak now try to put more melody by going up and down with your voice.
3. Track on the app your favourite Speakers and just get an idea how they may use their voices.
“WE OFTEN REFUSE TO ACCEPT AN IDEA MERELY BECAUSE THE TONE OF THE VOICE IN WHICH IT HAS BEEN EXPRESSED IS UNSYMPATHETIC TO US”

FRIEDRICH NIETZSCHE
- Women voices
  Soprano - high female voice
  Alto - low female voice
  Contra-alto - very low female voice

- Male voices
  Tenor - high voice
  Baritone - medium male voice
  Bass - low voice
“VOCAL EXERCISES ARE THE ANALOGY OF RUNNER WHO STRETCHES BEFORE RUNNING THE RACE”

ROGER LOVE
WARM UP FOR PROJECTION

- Find a word (like ‘mum!’ or ‘hey stop it!’) and express it like you are acting by being in that situation.
- That is your voice! Acknowledge it! Accept it! Get used to it!
- Practise up to 10 minutes each day and read with the same volume your speech.
- Make sure your voice doesn’t go back to a shy, quiet tone.
DO IT AGAIN AND AGAIN AND AGAIN
REPETION, REMINDERS
It's about Attitude keeping the right mindset
ABOUT LIUBA DOGA’S SINGING ATTITUDE SCHOOL

- Private Singing Lessons
- Online Singing Workshops
- Build Confidence Sessions
- Voice projection in Businesses
- Group Singing Lessons
- Pitch Correction
- Kids Confidence Singing Lessons